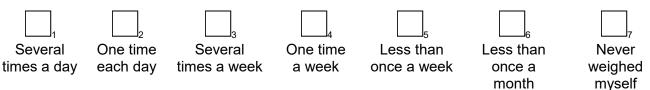


Please check the box that corresponds to your answer.

Days betwee	en randomization	and	date	form
completed:	[LM22DAYS]			

	davs

1. OVER THE PAST MONTH, how often (on average) did you weigh yourself? *This does <u>not include</u> getting weighed at the doctor's office.* [CCWEIGH]



2. DURING THE PAST YEAR OR SINCE THE LAST TIME YOU COMPLETED THIS QUESTIONNAIRE, on average, how many HOURS PER WEEK did you spend:

		TIME PER WEEK								
		Zero Hrs	One Hour	2 - 5 Hrs	6 - 10 Hrs	11 -20 Hrs	21 -40 Hrs	41 -60 Hrs	61 - 90 Hrs	Over 90 Hrs
a.	Standing or walking around at work or away from home? (hrs./week) [CCSTAWAY]			2		4	5	6	7	8
b.	Standing or walking around at home? (hrs./week) [CCSTHOME]			2		4	5	6	7	₈
C.	Sitting at work or away from home or while driving? (hrs./week) [CCSITAWAY]	0		2	3	4	5	6	7	8
d.	Sitting at home while watching TV/VCR/DVD? (hrs./week) [CCSITHOME]			2		4	5	6	7	8
e.	Other sitting at home (e.g., reading, meal times, at desk)? (hrs./week) [CCSITOTH]			2		4	5	6	7	8